

WIN THE WEEK

start the week energized, organized, & focused

LAST WEEK WIN:

HOW I WILL IMPROVE:

THINGS I WILL DO TO MAKE THIS WEEK GREAT

PERSONAL:

WORK:

FAMILY/FRIENDS:

RELATIONSHIP:

DAILY HABITS TO FOCUS ON:

STRETCH GOAL/FOCUS:

FOLLOW-UP NEEDED:

end the week productive, proud, & grateful

1-10 SCALE - HOW WOULD YOU RANK THIS WEEK?

WHAT ARE YOU THANKFUL FOR THIS WEEK?

ALIGN + CHECK-IN TO PREPARE FOR NEXT WEEK

WEEK OF:

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