

# WIN THE WEEK

Sixteen horizontal lines for writing.

A grid of dotted lines for drawing or additional writing.

# WIN THE WEEK

*start the week energized, organized, & focused*

LAST WEEK WIN:

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HOW I WILL IMPROVE:

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THINGS I WILL DO TO MAKE THIS WEEK GREAT

PERSONAL:

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WORK:

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FAMILY/FRIENDS:

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RELATIONSHIP:

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DAILY HABITS TO FOCUS ON:

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STRETCH GOAL/FOCUS:

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FOLLOW-UP NEEDED:

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*end the week productive, proud, & grateful*

1-10 SCALE - HOW WOULD YOU RANK THIS WEEK?

WHAT ARE YOU THANKFUL FOR THIS WEEK?

ALIGN + CHECK-IN TO PREPARE FOR NEXT WEEK



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# T O D O

WEEK OF: \_\_\_\_\_

# THIS WEEK

MON: \_\_\_\_\_

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- 
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TUES: \_\_\_\_\_

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WED: \_\_\_\_\_

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THUR: \_\_\_\_\_

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FRI: \_\_\_\_\_

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SAT: \_\_\_\_\_

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SUN: \_\_\_\_\_

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WEEK OF:

[Blank area for writing the week of]

# TO DO THIS WEEK

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[Dotted grid area for notes]

MON:

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TUES:

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WED:

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THUR:

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FRI:

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SAT:

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SUN:

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